

## Highlights of S.M.A.R.T.

This type of programming provides Littles (Mentees) with a supportive Mentor to be a role model who will help them to succeed at home and at school.

It is designed to serve Mentees at a designated site where they regularly meet with trained Mentors one-on-one or in a group setting.

BBBS will support each match through ongoing case management and contact with the parent, child, and volunteer.

### Could you be a mentor?

Depending on the location mentors are:

- ✓ High School Students
- ✓ College Students
- ✓ Community Members

... if YES!

We'd love to hear from you!

## Big Brothers Big Sisters of Blair County

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United Way of Blair County  
Impact Grant Recipient

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Huntingdon County United Way  
Member Agency

### Current S.M.A.R.T. Programs

Bellwood-Antis School Based  
Huntingdon Area School Based  
Southern Huntingdon School Based  
AASD/Penn Lincoln School Based  
North Juniata Site-Based  
Stone Church of the Brethren  
Huntingdon Pa Site-based



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Big Brothers Big Sisters  
of Blair County, Inc.

# S.M.A.R.T.

Mentoring  
In Our Communities



Big Brothers Big Sisters

Students

Mentors

Achieving

Results

Together

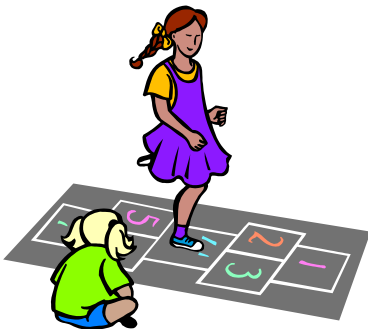
## What is S.M.A.R.T. Mentoring?

S.M.A.R.T. Program mentors will meet with the same youth:

- ✓ At a selected site
- ✓ On a regular schedule
- ✓ One-on-one or in a group setting
- ✓ Participate in planned activities

During these scheduled visits, you and your Mentee can:

- ✓ Learn life skills together
- ✓ Develop important assets for life
- ✓ Read together
- ✓ Work on schoolwork
- ✓ Play board games together
- ✓ Have a friendly conversation
- ✓ Go outside and play
- ✓ Do a craft together
- ✓ Make snack for the group



## Benefits of S.M.A.R.T. Mentoring

Mentee:

- ✓ Have a positive role model and a committed friend to be with on a regular basis
- ✓ Increased effort in the classroom
- ✓ Improved quality of class work and increased number of completed assignments
- ✓ Belong to a group/family

Mentors:

- ✓ Have the chance to make a difference in the life of a child
- ✓ Be an important, positive role model in a child's life

Families:

- ✓ See your child succeed in school
- ✓ Watch your child develop through peer and adult interactions
- ✓ See your child develop self-confidence and a positive attitude
- ✓ See a decreased number of unexcused absences from school

## S.M.A.R.T. Mentoring WORKS!

Big Brothers Big Sisters S.M.A.R.T. Mentoring has been proven to have a significant positive impact on the children involved in the program. According to the results of a major study:

~ Teachers reported increased social acceptance of Littles from peers

~ Littles were 35% less likely to skip school and 33% were less likely to be involved in misconduct, including fighting in school

~ Littles were 46% less likely to begin using illegal drugs

~ Littles were 27% less likely to begin using alcohol

~ Participation raised Little's written and verbal and language skills

~ Participation increased pro-social behavior from Littles

