

Highlights of S.M.A.R.T.

This type of programming provides Littles (Mentees) with a supportive Mentor to be a role model who will help them to succeed at home and at school.

It is designed to serve Mentees at a designated site where they regularly meet with trained Mentors one-on-one or in a group setting.

BBBS will support each match through ongoing case management and contact with the parent, child, and volunteer.

Could you be a mentor?

Depending on the location mentors are:

- ✓ High School Students
- ✓ College Students
- ✓ Community Members

... if YES!

We'd love to hear from you!

Big Brothers Big Sisters of Blair County

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United Way of Blair County
Impact Grant Recipient

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Huntingdon County United Way
Member Agency

Current S.M.A.R.T. Programs

Bellwood-Antis School Based
Huntingdon Area School Based
Southern Huntingdon School Based
AASD/Penn Lincoln School Based
North Juniata Site-Based
Stone Church of the Brethren
Huntingdon Pa Site-based



1/2016 Revised

Big Brothers Big Sisters
of Blair County, Inc.

S.M.A.R.T.

Mentoring
In Our Communities



Big Brothers Big Sisters

Students

Mentors

Achieving

Results

Together

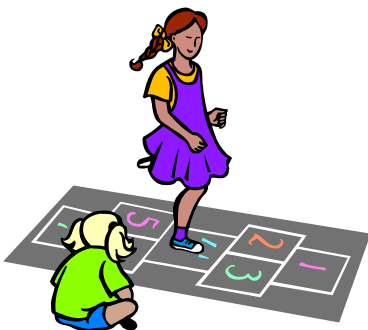
What is S.M.A.R.T. Mentoring?

S.M.A.R.T. Program mentors will meet with the same youth:

- ✓ At a selected site
- ✓ On a regular schedule
- ✓ One-on-one or in a group setting
- ✓ Participate in planned activities

During these scheduled visits, you and your Mentee can:

- ✓ Learn life skills together
- ✓ Develop important assets for life
- ✓ Read together
- ✓ Work on schoolwork
- ✓ Play board games together
- ✓ Have a friendly conversation
- ✓ Go outside and play
- ✓ Do a craft together
- ✓ Make snack for the group



Benefits of S.M.A.R.T. Mentoring

Mentee:

- ✓ Have a positive role model and a committed friend to be with on a regular basis
- ✓ Increased effort in the classroom
- ✓ Improved quality of class work and increased number of completed assignments
- ✓ Belong to a group/family

Mentors:

- ✓ Have the chance to make a difference in the life of a child
- ✓ Be an important, positive role model in a child's life

Families:

- ✓ See your child succeed in school
- ✓ Watch your child develop through peer and adult interactions
- ✓ See your child develop self-confidence and a positive attitude
- ✓ See a decreased number of unexcused absences from school

S.M.A.R.T. Mentoring WORKS!

Big Brothers Big Sisters S.M.A.R.T. Mentoring has been proven to have a significant positive impact on the children involved in the program. According to the results of a major study:

~ Teachers reported increased social acceptance of Littles from peers

~ Littles were 35% less likely to skip school and 33% were less likely to be involved in misconduct, including fighting in school

~ Littles were 46% less likely to begin using illegal drugs

~ Littles were 27% less likely to begin using alcohol

~ Participation raised Little's written and verbal and language skills

~ Participation increased pro-social behavior from Littles

