

## 75 Cool Activities for Mentors & Mentees!

Complements of Paula & Chelsea

From : *MENTORrific Women! Taking a Girl Under Your Wing\**

1. Play cards together
2. Play games together
3. Play catch/Frisbee
4. Plan & cook a meal together
5. Do errands together
6. Fly a kite together
7. Watch & discuss a movie
8. Hang out and talk
9. Listen & discuss an audiobook
10. Do research on the Internet together
11. Plan & plant a garden together
12. Go bike riding or inline skating together
13. Take a walk together
14. Walk your dog together
15. Eat at a restaurant
16. Play sports together
17. Learn how to do laundry
18. Attend a sport event
19. Attend a concert
20. Learn a musical instrument together
21. Learn to iron clothes together
22. Write a story together
23. Go on a picnic together
24. Get a library card and check out some books
25. Take photographs together
26. Use a computer software program together
27. Talk about your first job
28. Learn to read a map and use one traveling
29. Give your mentee a tour of your workplace
30. Introduce your mentee to your family & family gatherings
31. Sell or buy something on eBay together
32. Gather up items to donate & deliver to the Salvation Army
33. Buy a small amount of stock together and watch the reports
34. Do woodworking together
35. Go window shopping together
36. Plan a trip to a home remodeling store
37. Make a list and go grocery shopping together
38. Wash the car together
39. Play miniature golf together
40. Spend time watching and talking about a TV show
41. Rent a DVD & make popcorn together
42. Take turns listening to favorite music
43. Sing along with car radio songs
44. Read a book out loud together
45. Go to the zoo and count the different animals
46. Go to the different museums in your town
47. Make cookies, popsicles or cupcakes
48. Just listen & listen & listen!
49. Get a manicure or pedicure
50. Get a haircut together
51. Do homework together
52. Tell each other grandparent stories
53. Tell funny childhood stories
54. Create a superhero costume and take pictures of each other
55. Talk about your first love

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| <ul style="list-style-type: none"> <li>56. Volunteer for a community project</li> <li>57. Practice counting money and making change</li> <li>58. Get an ice cream cone together</li> <li>59. Invite your mentee to job shadow you</li> <li>60. Introduce your mentee to someone doing the work they fantasize about</li> <li>61. Go swimming at the local pool</li> <li>62. Show your mentee how to make simple sewing repairs</li> <li>63. Learn how to polish shoes together</li> <li>64. Create a resume together</li> <li>65. Fill out job applications together</li> </ul> | <ul style="list-style-type: none"> <li>66. Tour a college campus and learn how to enroll</li> <li>67. Fill out financial aid applications</li> <li>68. Fill out college applications</li> <li>69. Talk about having a personal budget and how to make it work</li> <li>70. Figure out how to program an electronic device</li> <li>71. Go to a book signing or author reading</li> <li>72. Learn how to take care of pets</li> <li>73. Learn a hobby together</li> <li>74. Learn and practice bike repair</li> <li>75. Write thank you notes for birthday or Christmas presents</li> </ul> |
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\*This book will be published by November 2008. Check out [www.MENTORrificWomen.com](http://www.MENTORrificWomen.com)